



Proudly Sponsored by O'Donnell Legal and the Balmoral Cycling Club.

The Balmoral Cycling Club (QLD) is now offering athletes selection to be included on the roster for the 2019 Balmoral Elite Cycling Team. In principle, the Balmoral Cycling Club will arrange entry, prepare logistical and operational details for pre-selected and non-selected race events throughout the 2019 race calendar. The main objective of the team is support club riders who have progressed through the junior development programme of the club and are seeking to gain experience and exposure to state and national competition. These athletes will be focused on developing their experience at competing U19 and open level events.

The EOI form for 2020 elite team will be available mid 2019 and we encourage all 2019 second year U17 who are interested in being considered for the elite team to submit the form at that time (we will advise once date has been fixed).

From its formation in 2011 the Balmoral Elite Team was established to tap into a growing demand for talented riders in the Balmoral Cycling Club looking to gain the necessary credentials to gain the skills and experience to progress in the world of professional cycling. With the prospect of greater recognition in the Queensland Cycling community, the team offers the opportunity for riders to experience the highest possible level of racing in the Queensland and some national events.

Having already established a junior development program, the need to feed these riders into the higher echelons of the sport has become the teams main objective.

The Balmoral Elite Team has just completed a highly successful season in 2018 with a 3rd GC place in the Queensland Teams Road Series. Riders from the team have progressed through to winning World titles and racing in Europe.

Individual results were also achieved at state and nationals in both the U19 and U23 levels and with some very competitive results when racing in open level events.

Events and Team breakdown

The main focus of the team is the continuing development of club riders to be competitive at an elite level and potentially race in the QLD road events, selected NRS and National selection races.

Selected State and National Road Races (subject to team being selected and or offered entry) - a maximum of six (6) riders will be selected for each event.

Target races will be developed in the near future with consultation with team members once a indication of EOI have been processed.

It is intended in 2019 to focus on state and local open events to gain maximum exposure for the team and its members

Balmoral Elite Team 2019 Athlete Agreement and Information

Support:

In 2019 there will be a tiered system for rider sponsorship.

Tier One: Highest level of support. These riders will be deemed to already be functioning at a national level with a probability of getting results at state and national level. Additionally mentor riders who are functioning as on road leaders during events will also attract T1 support.

Tier Two: Second level support. These riders will be developing athletes who are looking to gain experience at competing at a state level. These riders will generally be first year U19 riders. These riders will attract a reduced financial support but will have complete team and infrastructure support of the club.

Details of the financial support will be subject to finalisation of team sponsorship. In principle support will be:

As a member of the 2019 Balmoral Elite Cycling Team you will be given support to partake at some of the above noted events. Support from the Balmoral Cycling Club (QLD) will come in the form of:

- Race entry to selected events. (The Team entry into QLD series, individual entry into Metros) Entry into one-day races will be considered on a race-by-race, rider by rider basis. We will endeavour to support riders to the best of capabilities but every rider will not be able to/or funded to be entered into every event. Team entry will be limited to 6 riders per event. A rider may choose to ride on their own entry if not selected for the team (at their own cost).
- We will be endeavoring to travel to some interstate races such as Nationals and Oceanias, in particular with the T1 riders. The costs of traveling interstate as a team are almost prohibitive for the club-based team. The intention is to budget the events as a team but riders would be required to contribute. These events would not be mandatory.

Team kit (2 per rider, crash replacement if required). The team kit is to be worn at ALL open and club events contested by individuals. The club would also expect the riders to train in the kit. Training and individual bunch rides will also be mandatory. Additional kit can be purchased if required. In the first instance one kit will be supplied. Once correct sizing is established then additional kit may be supplied. We understand it is not practical to function on one set of kit.

A skin suit will also be supplied for each rider. Sox and gloves are also supplied.

- Transport and accommodation is partially subsidised where required for away events.
- Other costs that may be deemed acceptable by the committee.
- Coaching will be the responsibility of individual riders.

In principle Balmoral Cycling Club will supply kit, the team entry fees, and a proportion of travel and accommodation expenses. Individual riders will be responsible for food, equipment and coaching. The team focus is on development of riders and the opportunity to ride events that may have not been possible as an individual.

It is mandatory to be a member of Balmoral Cycling Club for the 2019 season.

(exception may be given to individual country riders who are sponsored under the remote rider sponsorship).

A rider wishing to transfer to another club/team during the 2019 season will be required to apply to the Balmoral Committee for approval. If approved, all Kit must be returned to Team Manager. If a member leaves for any other reason all Kit must be returned to the Team manager. Approval for a transfer to another team is not a given and may be refused without appeal.

Balmoral Elite Team 2019 Athlete Agreement and Information

Any rider who is deemed to not be committed to the team or does not abide the guidelines of the club may be excluded at any point during the season. Appeal can be granted by the Balmoral executive committee. No rider to date has been excluded during the season although some riders have withdrawn due to sickness/injury or change of circumstance.

Eligibility

Eligibility requirements for selection for the 2019 Balmoral Elite Cycling Team:

- Hold a valid 2019 Cycling Australia license with membership to Balmoral Cycling Club (OLD). Exception may be given to riders not residing in Brisbane.
- Have demonstrated results or the ability of a standard worthy of representation at an elite level or have displayed the potential to develop to compete at elite level. It is not necessary to have resulted at state or national level as long as the desire, attitude and dedication is displayed to function at that level.
- Have submitted the expression of interest form to Balmoral Cycling Club (OLD) or have received a direct invitation by the committee.
- Have met all eligibility guidelines.
- Be at least 16 years of age on 01 January 2019 (ie is graded U19) and if under 18 must submit form with Parent/Guardian consent form.
- *the EOI form for 2020 elite team will be available mid 2019 and we encourage all 2019 second year U17 who are interested in being considered for the team to submit the form that time.*

Please note that to be eligible for selection; athletes must meet the eligibility criteria set out by Balmoral Cycling Club (QLD). It is the athlete's responsibility to establish that he meets all eligibility requirements.

Athletes recommended for selection will need to complete and submit the eligibility form attached below. For more information please contact Kevin White, Balmoral Cycling Club (QLD) President or Kalvin Bartlett, 2018 Balmoral Elite Cycling Team Co Manager on the following:

DEADLINE: Feb 01 ,2019

Kevin White

Email: whitek3@icloud.com Mobile: 0407 151 288 (preference is email as KW will be oversea for a majority of Jan 2019. Messenger is also an option)

Sponsored Rider Registration.

Team members will be reregistered with CA/CQ as such. This has been paid for by Balmoral CC. This means you will start appearing on start lists as being Balmoral Elite Team. This also means team members will be in in-eligible to ride for another state based team during 2019. Members are eligible for State team/QAS squad participation if requested.

Team Kit.

Team kit will be the same design as in 2018, initially new riders will be loaned secondhand/new kit until the Kit order is placed – expected date yet to be confirmed. Jerseys, Knicks, Skin suits sox and gloves will be in this order. Winter kit will be in a later order

Team Sponsors.

The team is sponsored by 3 different businesses.

Ba/moral CC is the main sponsor and contributes a majority of the funding required to run the team.

Tbc - O'Donnell Legal will continue to support the team as it has done so from day one

Balmoral Elite Team 2019 Athlete Agreement and Information

7 years ago. Tom O'Donnell is naming right sponsor for Balmoral CC and a part team sponsor. To have the support of one business for an extended period as this is a great asset.

Tbc A 3rd sponsor is yet to be confirmed. Details will follow.

Social media agreement will be required of every team member. This will follow at a later date.

As a member of Balmoral Elite Team it is your responsibility to know your sponsors. Research your sponsor and learn their business.

If you are asked who and what your sponsors are you need to be able to answer in a positive way.

Your first priority as a team member is to support and promote your sponsors.

As a member of the Balmoral Elite team there is the expectation that you will represent the club/team in a promotional capacity as requested. Your attitude and professionalism around other club members and guests of the club, in particular juniors must be at the highest level at all times. Any racing incidents or disagreements must be dealt with control and maturity and reported to the team manager immediately for action. When representing the team the individual team member does not have the right to make independent decisions regards any aspect concerning competition. All concerns must be reported to team management before or immediately after any incident.

Any incident of fighting or public disrespect can be dealt with by immediate team dismissal.

Agreement.

I, (your name) in respect of being included in Balmoral Elite roster for 2019 agree to

- Be respectful, courteous, honest and communicate openly with management, team roster and race officials at all times
- Respond to communications - email/text in requested time whatever is your answer. Not responding isn't an answer
- Wear my Team kit 80-90% of the time. Team kit is compulsory for all racing events; profile training rides in particular those are in the general public. Solo ride in the back blocks is not so critical but expected.
- Race in kit at all times unless representing club team or State events
- Arrive at races in Team issued kit. Have all kit particularly socks and gloves for all events
- Represent the Team at all times. Remember you are representing yourself and our sponsors
- Inform the Team of your achievements so Facebook can be kept up to date. Send photos/email/blogs of training/racing/adventure/social activities. This is our way of informing our sponsors of Team activities. Keeping a public profile and promoting your sponsors is compulsory.
- Attend the race brief and debrief and actively participate in both. These events to be attended by riders and management only
- All grievances to be resolved as and when incidents occur. Rider to rider, rider to management, management to rider. Likely at race brief or debrief
- Team events -Team will provide accommodation e.g. home stay or hire and provide some of the food on race weekends. Individuals are responsible for their won race food.
- Coaches/coaching - as part of a team you will ride/train as a team in such activities as TTT and tactical training rides. Individual coaching is both encouraged and embraced by our team and we will endeavour to ensure your training is directed by your coach and only the tactics and targeting of racing will be our focus during team drills.
- Return kit if a decision is made to part with the Team.
- Rider must appeal to club committee as per CQ regulation if applying for registration for another club/team for the 2019 season. Release from this agreement may not

**Balmoral Elite Team
2019 Athlete Agreement and Information**

be granted in some cases.

- In instance that a penalty or fine is issued to an individual rider during competition that fine will be paid for by the individual rider and will not be the responsibility of the Balmoral Elite Team.
- Prize monies won by individual riders or teams whilst competing for Balmoral Elite team will be distributed or retained by the team management at the sole discretion of team management.

Signed

Name

Date

Elite Team Balmoral.

Date

**Balmoral Elite Team
2019 Athlete Agreement and Information**

Personnel Information

Name	
Date of Birth	
CA licence No	
Club	
Address	
Telephone (home)	
Mobile	
Email	

Emergency Contact 1

Name	
Relationship to athlete	
Telephone (home)	
Mobile	
Address	

Emergency Contact 2

Name	
Relationship to athlete	
Telephone (home)	
Mobile	
Address	

**Balmoral Elite Team
2019 Athlete Agreement and Information**

Medical Information

Medicare Number	
Expiry Date	
Name of subscriber	
Private Health Insurer	
Private Health Insurance No.	
Level of cover	

Medical History

Heart disease (rheumatic fever)		
High blood pressure		
Diabetes, goitre or any disease of the glands (mononucleosis)		
Tuberculosis asthma or lung disease		
Hepatitis or jaundice		
Epilepsy		
Nervous disorder or any disorder of the brain or nervous system		
Disease of the blood e.g. anaemia, haemophilia, easy bruising or bleeding tendency		
Ulcers, disease of the stomach, intestine, liver or gall bladder		
Sugar, albumin or blood in the urine or disease in the kidneys or genitourinary organs		
Arthritis, rheumatism or injury or disease of the bone or joints, back or neck		
Hernia or disease of the muscle		
Cancer, tumour or growth of any kind		
Heat stroke body temp > 40.5 C		
Heat problems - specify below		
Psychological or psychiatric disorders		
Injury (e.g. fracture) to any part of the body		

**Balmoral Elite Team
2019 Athlete Agreement and Information**

Injury (e.g. dislocation) to any part of the body		
Injury (e.g. soft tissue) to any part of the body		
Pain in the back - explain below		
Surgical procedures - explain below		
Over use of hair products - explain below		

Please provide details for questions answered yes

Are you taking supplements - provide details

Allergies and Dietary requirements - please list below

**Balmoral Elite Team
2019 Athlete Agreement and Information**

Note: Information supplied will only be used within the Team and for Team purposes.

If the rider is under the age of 18 years, the Parent/ Guardian must give written consent for the Manager, Coach or authorised representative of the Balmoral Elite Cycling Team -

1. To act on behalf of or represent the rider in matters arising in the course of competition, travel to and from locations and all related activities including away from home journeys and overnight stays.
2. In the event of sickness or injury, to seek and authorise medical treatment as may be considered necessary or desirable, if it is impossible or impracticable in the circumstances to obtain consent from a parent or guardian.
3. To represent and make decisions on behalf of the rider in disciplinary matters arising out of competition eg. to institute and represent the rider in any appeal against punishment or a warning for a breach of the rules.

Signed (Rider)

Date _____

Signed Parent/Guardian

Date _____
